Riding to 790 metres above sea level Whinlatter Forest boasts stunning views of the Lake District and the biking makes this one of the Forestry Commission’s top five mountain bike sites.  The circular Swinside Circuit is on the newly built mountain bike trails in the UK by readers of Singletrack Magazine in 2009.

The Altura Trail has been created with experienced bikers in mind. A 19km red graded route, it features berms, jumps, skinnies, cork screws and table tops, with challenging single track sections and views from the top. It’s ideal for fitness and technical skills. The trail is also signed as a wash-out route in heavy rain. This route is only for riders with solid skills. It is also suitable for trail centres, where tracks are built for all abilities.

The Altura Trail is a 19km red graded route featuring berms, jumps, skinnies, cork screws and table tops, with challenging single track sections.

The Blue graded Quercus Trail is a 7.5km route, with options for a shorter 3.5km route. It is suitable for less experienced riders looking to improve skills and confidence.

Swinside Circuit

This short 8 mile route uses country lanes to the south west of Keswick on a circular ride around Swinside Fell. The route is on country lanes which can sometimes be busy during peak periods. The route takes in the newly built Newland Beck Bridge, which was opened in the Centenary Festival of 2009.