

Around Crummock Water (with Buttermere & Loweswater options)

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Route Grade	Moderate	Distance	13 miles
Time	4 hours	Total ascent	250 metres
Nearest Town	Cockermouth	Start/finish point	Buttermere village
Map Ref	NY 174170	Parking	The Fish Hotel, Buttermere
OS Landranger	89	OS Outdoor Leisure	4
Families	Over 10 and accompanied	Long distance tour used	None

A good summer's day ride with an adventurous feel, not for the faint hearted!

Route Description.



Follow path towards the Lake, bearing right at fork after ½ mile. Cross the river (Buttermere Dubs) and turn right. The bridleway takes you to the banks of Crummock Water before swinging away to the left to begin your ascent.

You climb steadily between Scale Knot on your right and Blea Crag on your left and then the Mosedale Valley opens up on your right. You will see Mosedale Beck and your route through the valley before you.

You must climb for another mile to turn back on yourself, sharp right and descend into Mosedale. You follow the river and round the lower contours of Hen Comb above you to your left, crossing the river and cycling along Loweswater Fell for 1 mile. The track splits. Keep to the left and after ¾ mile you arrive at the Kirkstile Inn..

Cycle up to the road and turn right. ½ mile on, you cross the River Cocker. Turn right into carpark and join the bridleway through the disused quarries to Lanthwaite Gate. Turn right at the main road.

Follow this road along Crummock Water - take care, this road is narrow in places – and back to Buttermere village

The route can be extended very easily by looping round either Loweswater or Buttermere. Both have bridleways along one side and each takes under 1 hour

