

Loweswater & Mosser Fell

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Route Grade	Easy
Time	3 hours
Nearest Town	Cockermouth
Map Ref	NY 156256
OS Landranger	89

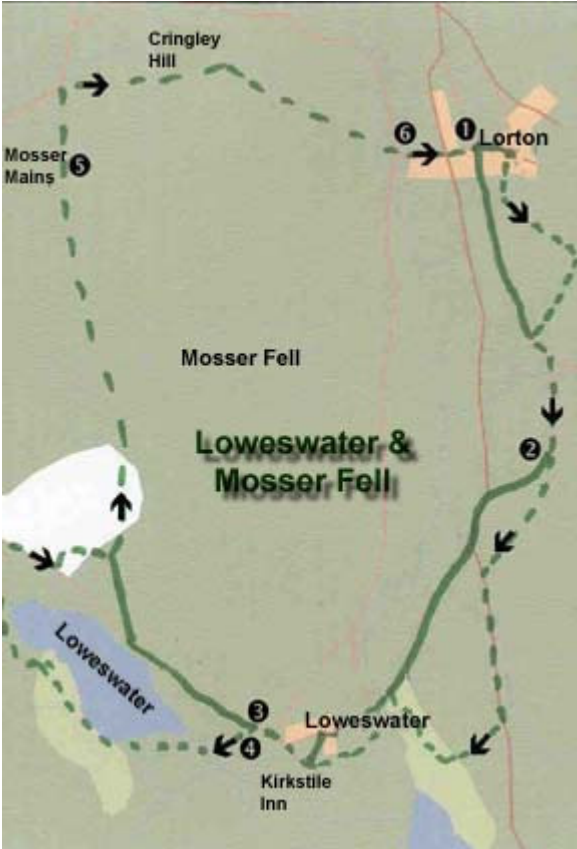
Distance	14 miles
Total ascent	1 climb 263m + 1 climb 200m
Start/finish point	Post Office, Lorton
Parking	Lorton
OS Outdoor Leisure	4

Families	Yes
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Long distance tour used	None
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A lovely ride past this pretty lake and into the fells with on- and off- road options. The ride can be extended by parking at Whinlatter Visitor Centre and cycling down to the start at Lorton, but this does involve a long climb back to 318m.

Route Description.



1. From the Post Office, head for High Mill and on to Low Swinside. The first section of the bridleway starts here taking you right and back to the road. To avoid this, cycle ½ mile past Lorton Park on your right and the school on your left and take the next left. Both routes join at Hopebeck. (If starting from Whinlatter Visitor Centre, take advantage of the C2C route to the start at Lorton: turn right out of the car park onto the B5292, fork left after 1½ miles and bearing right at the next fork for Low Lorton)

2. After ½ mile, the road forks – bear right for on-road and left for off-road. For on-road, when you meet the B5289, turn left and bear right at the next fork for Loweswater. There is a good stop at Kirkstile Inn. For off-road, after 200 yards, join the bridleway through High and Low Hollins and down to the road. At the B5289, turn left for 1 mile past the woodland on your right and along the stream on your left until they both draw away.

3. Pick up the bridleway on your right to Scalehill and Bridge, turn left when you meet the road and climb to the village.

4. There is now a choice of on- or off-road round the lake. On-road is straight forward – go

5. For the off-road option, once back up to the road, turn left and after 300 yards, turn left again to Maggie's Bridge, forking right just after the car park. You will follow the path, keeping right all round the lake until you meet the road. Turn right, with the Grange Hotel on your left, cycle down to just beyond the telephone box, and turn left onto bridleway. This becomes road after ½ mile and leads you to High Mosser with Mosser Fell to your right.

6. Your next village is Mosser Mains. You go down and through the village, turning right at the staggered junction to Catgill Bridge and Cringley Hill, climbing slowly over the top and down to Low Lorton.



7. Cross the River Cocker at the mill and go straight over the main road and again at the next crossroad, bringing you back to the Post Office. If the extension route from Whinlatter has been used, take advantage of the forest trail back to the Visitor Centre, marked C2C.