



For Immediate Release

22/08/11

An Audience with Benedict Allen

Theatre by the Lake

Sunday 4 September 2011

7.30pm

Benedict Allen, one of Britain's leading explorers and a successful TV presenter and author, is to visit Keswick to give a talk on his adventures. **The talk is presented by Threlkeld Cricket Club and will be held at the Theatre by the Lake on 4 September at 7:30pm.**

Benedict's daring deeds over the past 20 years have taken him to some of the remotest parts of the world including the Amazon, Siberia, New Guinea, Haiti, Mongolia and the Namib Desert. He is perhaps best known for his television programmes such as 'The Skeleton Coast', 'The Last of the Medicine Men,' and 'Unbreakable.' Benedict is also a popular author, with his books including 'Into the Crocodile's Nest,' and 'Hunting the Gugu.'

Described by the Radio Times as "*television's most fearless man,*" Benedict's exploits include a 1000 mile lone crossing of the Gobi desert; making the only known crossing of the Amazon Basin at its widest part; and a 1000 mile trek through Siberia in the "*worst winter in living memory.*" Among his other extreme experiences are spending more than three minutes in a tent filled with CS gas, and sewing up his chest wound with his boot mending kit (and no anaesthetic!) after being abandoned by his guides in the Sumatran forests!

The audience will have the opportunity to ask Benedict questions about his life and adventures, and his unique approach to alien environments, which is to immerse himself in his surroundings and learn from the indigenous people.

**Tickets are £16 (£10 concessions) and are available from the Theatre by the Lake Box Office:
Telephone 017687 74411, email: enquiries@theatrebythelake.com
or visit www.theatrebythelake.co.uk**

~Ends~

**For more information please contact: Richard Allen, Threlkeld Cricket Club Chairman, on
017687 72385**

Notes to Editors:

- 'An Audience with Benedict Allen' is presented by Threlkeld Cricket Club.
- Benedict Allen is represented by Jo Sarsby Management