

STAGE 1
Ulverston
to
Coniston

DATE | | |
Ulverston Tourist Information Centre

Coniston Water from Torver Common

Blue Aeshna, a small blue hawker dragonfly is found only in northern England and Scotland



STAGE 1

Ulverston to Coniston

15 miles (24 km) - 6 to 7 hours walking

This stage features the many becks, stiles, farmyards and field paths between Ulverston and Gawthwaite on the southern boundary of Britain's largest National Park. There are patches of craggy moorland around Beacon Tarn and the rough, but distinct paths along the lovely wooded shoreline of Coniston Water. Rolling terrain overall with the Cumbria Way marker sculpture in The Gill at Ulverston to mark the start/finish of the trail in this pretty part of the town.

Look out for ...

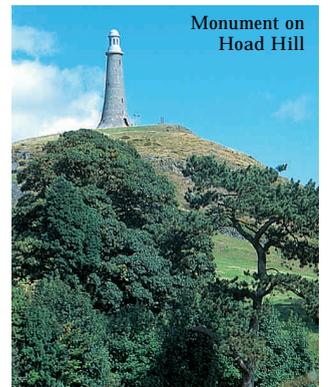
The Cumbria Way marker sculpture in The Gill at Ulverston.

The 1850 monument to the geographer, Sir John Barrow, on Hoad Hill.

Dragonflies and adders on the Blawith Fells.

Great views across Morecambe Bay towards the Three Peaks area of Yorkshire from Higher Lath Farm.

The 17th century remains of Coniston Hall on the lakeshore.



Monument on Hoad Hill



Marguerite, or Ox-eye Daisy carpets meadows and embankments throughout the summer



The dark zig-zag along its back identifies the Adder, Britain's only poisonous snake

Tips

Ulverston's Charter Festival events take place during early September.

There are no mid-stage refreshment stops, so pack plenty of provisions or stock up in Ulverston or Coniston.

Enjoy a boat ride between Torver Wood and Coniston Village jetties, via Brantwood jetty.

(left) Ulverston is home to Britain's shortest, widest and deepest canal

Ulverston has charming cobbled streets, fascinating ginnels and many friendly shops (below)



Stay awhile... Ulverston

Comedian Stan Laurel was born in this attractive market town. The Laurel and Hardy Museum is packed with memorabilia and visitors can sit in comfort in the tiny cinema and watch their old movies. A busy and thriving market town, street markets are held on Thursday and Saturday and there is an indoor market hall open 5 days per week. The cobbled streets hold many delights including a variety of specialist shops and welcoming pubs and cafes, together with plenty of accommodation, a cinema and a fascinating Heritage Centre. Many different festivals are held throughout the year. Ulverston has its own railway station, and visitors can arrive by train on the Furness Line, which has good connections from the West Coast main Line at Lancaster.



Places to visit
Coronation Hall
Heritage Centre
Lanternhouse
Laurel & Hardy Museum
The Lakes Glass Centre
Roxy Cinema

www.ulverston.net

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